

# Thinking through Junior Psychologists

## English & Media

**Did you know that your brain produces enough electricity to charge your phone?**

Psychology is the study of human behaviour. The brain has a large part to play in determining how we behave and what our personality is like. This WAO will focus on the brain and behaviour through studying personality and personality disorders.



### Skills Focus



### Recognition of Achievement

N4 Mental Health & Wellbeing

### Learning Intentions & Success Criteria

#### Learning Intentions

I will:

- develop my knowledge and understanding of personality and how this affects behaviour.
- develop my research skills and ability to interpret research studies.
- develop my knowledge of personality and mental disorders.

#### Success Criteria

I can:

- describe and explain different mental health disorders from a psychological perspective.
- describe and explain personality types and explain how they impact our behaviour.
- describe how personality types and disorders are related to the brain.

### Senior Phase Progression

L5 NPA Psychology WAO  
N5 Psychology WAO  
Higher Psychology  
Senior Psychology WAO